



S . O . S . H . A

*Sound Healing*

*Prospectus*



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# Introduction

Welcome to the School of Spiritual Healing Arts,

Where ancient wisdom meets modern practice, creating a transformative journey for all who embark upon it. As you explore the possibilities of spiritual growth and healing, we are thrilled to introduce you to our comprehensive Sound Healing training program, designed for both newcomers and seasoned practitioners alike.

Sound Healing, a powerful technique for deep relaxation and emotional release, promotes profound healing and personal transformation. This practice involves the therapeutic use of sound bowls, which create harmonious vibrations that foster a state of holistic well-being and heightened self-awareness.

Whether you are seeking personal healing, wish to enhance your spiritual connection, or aspire to offer support and wellness to others, our program provides the necessary tools and insights. From foundational principles to advanced techniques, our curriculum is structured to guide you through the intricacies of Sound Healing at all levels. You will learn in an environment that honors tradition while embracing the individual journey of each student.

Join us at the School of Spiritual Healing Arts to begin your journey into the art of Sound Healing, where healing is not just learned but deeply experienced. Discover how you can transform sound into a powerful tool for healing and bring balance to the mind, body, and spirit.



# Hello!

And welcome to The School of Spiritual Healing Arts!

We started as a way to connect more people to the power of healing through Breathwork and Shamanism, and what we've grown into is the world's leading Academic Institute for Spiritual Healing Modalities - where we now incorporate a wide range of healing modalities into our curriculum, and deliver them to all corners of the world.

We're so excited that you're here, and committed to making the world a better place through healing you, healing the community, and healing the world.

Here's to your healing journey!

*Dane Robertson*

Co-Founder, SOSHA

# WHAT IS THE SCHOOL OF SPIRITUAL HEALING ARTS?

The School of Spiritual Healing Arts is the world's leading Academic Institute for Healing Modalities, which helps individuals from all across the globe learn from industry experts, in the wide range of healing modalities available to them.

At SOSHA we pride ourselves in:



## EXCELLENCE IN EDUCATION

We take great pride in rigorous academic standards, high-quality instruction, and comprehensive curriculum development to ensure that students receive a world-class education in spiritual healing modalities.

## GLOBAL COMMUNITY AND DIVERSITY

At SOSHA we foster an inclusive and diverse global community that welcomes students from various cultural, spiritual, and geographical backgrounds.

## GUIDANCE AND PROFESSIONAL DEVELOPMENT

At SOSHA we commit to supporting each student's journey through personalized mentoring, professional development opportunities, and a supportive learning environment.

# What You'll Receive Inside SOSHA Sound Healing Certification

## The Structure:

- Level-based Progression - and 120+ hours of advanced training
- Theory and Principles + detailed learning & growth
- Practical Training
- 3 Month Courses + Clear Skill Progression
- Mentorship & Feedback
- Assessment & Certification

## Learning Outcomes:

- Graduates will have developed a thorough understanding and proficiency in Sound Healing techniques
- Advanced Certification & Global Recognition
- Graduates will be well-versed in the ethical considerations necessary for a Sound Healing practice
- Graduates will experience significant personal growth & Global Community Connection





# Top 3 Things You'll Walk Away With

1

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Mastery of Sound  
Healing Practice

2

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Certified Practitioner  
Status

3

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Enhanced Personal  
and Spiritual Growth

This Certification is all about developing you as a world-class SOSHA Sound Healing Practitioner through a clearly defined and globally recognised healing institute - taking you from relative obscurity, to advanced Master Practitioner status through top-tier educational processes here at The School of Spiritual Healing Arts.



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# Module Learning Objectives

# Level 1

## COURSE CONTENTS

### WEEKS

#### 1 & 2

Exploring sound healing origins and vibrational medicine principles.

### WEEKS

#### 3 & 4

Introduction to Tibetan singing bowls and basic sound techniques.

### WEEKS

#### 5 & 6

Sound bowl meditation practices and chakra balancing techniques.

### WEEKS

#### 7 & 8

Sound bowl healing for stress reduction and creating healing soundscapes.

### WEEKS

#### 9 & 10

Sound bowl healing for self-care and client consultation skills.

### WEEKS

#### 11 & 12

Practice sessions, case studies, and final assessment for certification.



# Level 2

## COURSE CONTENTS

### WEEKS

#### 1 & 2

Mastering advanced sound bowl techniques and harnessing harmonics.

### WEEKS

#### 5 & 6

Sound bowl therapy for pain management and trauma release.

### WEEKS

#### 9 & 10

Client consultation, treatment planning, and maintaining professional ethics.

### WEEKS

#### 3 & 4

Deepening meditation practices and creating immersive sound bath workshops.

### WEEKS

#### 7 & 8

Sound bowl therapy for anxiety and stress reduction; spiritual growth.

### WEEKS

#### 11 & 12

Practice sessions, case studies, and final mastery project assessment.

# Sound Healing Master

## COURSE CONTENTS

### WEEKS

#### 1 & 2

Exploring sacred sound, vibrational medicine, and sound bowl rituals.

### WEEKS

#### 5 & 6

Sound bowl and crystal healing integration; Reiki and sound healing.

### WEEKS

#### 9 & 10

Designing advanced healing protocols and cultivating mentorship skills.

### WEEKS

#### 3 & 4

Shamanic journeying with sound bowls and integrating sacred geometry.

### WEEKS

#### 7 & 8

Enhancing healing with aromatherapy; exploring quantum healing principles.

### WEEKS

#### 11 & 12

Applying master-level techniques and final mastery project assessment.

# SOSHA Sound Healing Level 1



- Foundational techniques
- Vibrational principles
- Tibetan bowls
- Sound properties
- Meditation practices
- Chakra alignment
- Stress reduction
- Ethical Considerations and Professionalism

- Soundscapes creation
- Self-care methods
- Client consultations
- Practical application
- Case studies
- Healing sessions
- Final Assessment
- Certification Process
- + So Much More



*Frequency...*

# SOSHA Sound Healing Level 2

- Advanced techniques
- Harmonic mastery
- Deep meditation
- Sound baths
- Pain management
- Trauma release
- Anxiety relief

- Ethical Boundaries
- Spiritual growth
- Client assessments
- Ethical practice
- Structured routines
- Case analysis
- Mastery projects
- Professional skills
- Continued Education  
and Community  
Involvement
- + So Much More



*Harmony...*

# SOSHA Sound Healing Master Level

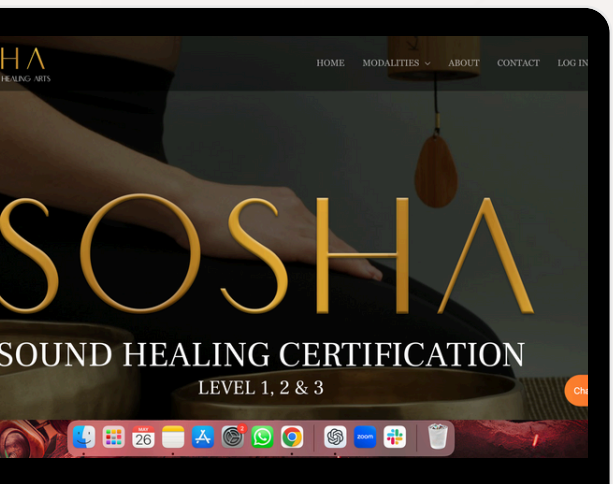
- Sacred sound
- Vibrational healing
- Ritual techniques
- Shamanic journeys
- Sacred geometry
- Crystal integration
- Reiki synergy

- Ethical Dilemmas
- Aromatherapy
- Quantum healing
- Advanced protocols
- Mentorship skills
- Leadership development
- Mastery projects
- Professional assessment
- + So Much More



...And healing.

# \*Ring Ring\* Your Next Level is calling!



The SOSHA Sound Healing Certification is a bonafide way for you to become a top-tier healer in the world, with one of the leading Healing Modalities. So join us in our next intake, and ENROL NOW!

“I found this incredible Retreat by SOSHA to be a powerful journey for myself – to release, to let go and to elevate those parts of myself which were really being called forward. It’s been absolutely MAGIC!”

Adam Robertson

SOSHA Level 1 Breathwork

Today is the beginning of your Healing Excellence journey!



# Your Next Steps

- 1) Click the link on the website and join us in the next intake of the SOSHA Sound Healing Certification
- 2) Receive your login & registration details via EMAIL and await start date
- 3) Register for another Healing Modality with SOSHA and amplify your healing experience!

If you have any questions about the program - or how you can access more information, contact us below!



## Contact:

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