



S . O . S . H . A

Reiki Prospectus



Introduction

Welcome to the School of Spiritual Healing Arts,

Where ancient wisdom meets modern practice, creating a transformative journey for all who embark upon it.

As you explore the possibilities of spiritual growth and healing, we are thrilled to introduce you to our comprehensive Reiki training program, designed for both newcomers and seasoned practitioners alike.

Reiki, a revered Japanese technique for stress reduction and relaxation, promotes healing and is commonly described as hands-on healing or palm healing. Through this practice, practitioners believe that they are transferring universal energy in the form of qi through the palms, which they posit allows for self-healing and a state of equilibrium.

Whether you are seeking personal healing, wish to enhance your spiritual connection, or aspire to offer support and wellness to others, our program provides the necessary tools and insights. From foundational principles to advanced techniques, our curriculum is structured to guide you through the intricacies of Reiki at all levels. You will learn in an environment that honors tradition while embracing the individual journey of each student.

Join us at the School of Spiritual Healing Arts to begin your journey into the art of Reiki, where healing is not just learned but deeply experienced. Discover how you can transform energy into healing and bring balance to the mind, body, and spirit.



Hello!

And welcome to The School of Spiritual Healing Arts!

We started as a way to connect more people to the power of healing through Breathwork and Shamanism, and what we've grown into is the world's leading Academic Institute for Spiritual Healing Modalities - where we now incorporate a wide range of healing modalities into our curriculum, and deliver them to all corners of the world.

We're so excited that you're here, and committed to making the world a better place through healing you, healing the community, and healing the world.

Here's to your healing journey!

Dane Robertson

Co-Founder, SOSHA

WHAT IS THE SCHOOL OF SPIRITUAL HEALING ARTS?

The School of Spiritual Healing Arts is the world's leading Academic Institute for Healing Modalities, which helps individuals from all across the globe learn from industry experts, in the wide range of healing modalities available to them.

At SOSHA we pride ourselves in:



EXCELLENCE IN EDUCATION

We take great pride in rigorous academic standards, high-quality instruction, and comprehensive curriculum development to ensure that students receive a world-class education in spiritual healing modalities.

GLOBAL COMMUNITY AND DIVERSITY

At SOSHA we foster an inclusive and diverse global community that welcomes students from various cultural, spiritual, and geographical backgrounds.

GUIDANCE AND PROFESSIONAL DEVELOPMENT

At SOSHA we commit to supporting each student's journey through personalized mentoring, professional development opportunities, and a supportive learning environment.

What You'll Receive Inside SOSHA Reiki Certification

The Structure:

- Level-based Progression - and 120+ hours of advanced training
- Theory and Principles + detailed learning & growth
- Practical Training
- 3 Month Courses + Clear Skill Progression
- Mentorship & Feedback
- Assessment & Certification

Learning Outcomes:

- Graduates will have developed a thorough understanding and proficiency in Reiki techniques
- Advanced Certification & Global Recognition
- Graduates will be well-versed in the ethical considerations necessary for a Reiki practice
- Graduates will experience significant personal growth & Global Community Connection





Top 3 Things You'll Walk Away With

1

Mastery of Reiki
Techniques

2

Certified Practitioner
Status

3

Enhanced Personal
and Spiritual Growth

This Certification is all about developing you as a world-class SOSHA Reiki Practitioner through a clearly defined and globally recognised healing institute - taking you from relative obscurity, to advanced Master Practitioner status through top-tier educational processes here at The School of Spiritual Healing Arts.



Module Learning Objectives

Level 1

COURSE CONTENTS

WEEKS

1 & 2

Introduction to Reiki,
basic techniques and
energy principles
explored

WEEKS

5 & 6

Emotional healing and
spiritual growth
techniques explored

WEEKS

9 & 10

Client assessment,
ethical practice
boundaries

WEEKS

3 & 4

Advanced energy
clearing, chakra
balancing techniques

WEEKS

7 & 8

Pain management,
natural world healing
applications

WEEKS

11 & 12

Practical sessions, final
mastery and certification

Level 2

COURSE CONTENTS

WEEKS

1 & 2

Advanced Reiki symbols introduced, distant healing techniques

WEEKS

3 & 4

Deep-seated energy blockages, chakra harmonization techniques

WEEKS

5 & 6

Emotional healing, mental clarity enhancement techniques

WEEKS

7 & 8

Pain management & natural healing techniques

WEEKS

9 & 10

Ethical practices & complex client relationships

WEEKS

11 & 12

Advanced practice & comprehensive mastery assessments

Reiki Master

COURSE CONTENTS

WEEKS

1 & 2

Esoteric practices with sacred geometry and sound healing

WEEKS

3 & 4

Crystal healing & shamanic journeying techniques

WEEKS

5 & 6

Past life regression & Akashic record understanding

WEEKS

7 & 8

Spiritual alchemy and quantum healing techniques

WEEKS

9 & 10

Master teacher training, empowering others through Reiki attunements

WEEKS

11 & 12

Advanced practice, final mastery project and certification assessments

SOSHA Reiki Level 1



- Historical Context
- Core Principles
- Energy Systems
- Technique
Fundamentals
- Practical Sessions
- Self-Healing Emphasis
- Ethical Considerations
and Professionalism

- Safety and Preparation
- Mindfulness and
Meditation
- Energy Cleansing
Techniques
- Understanding Intuition
- Basic Anatomy and
Physiology
- Documentation and
Reflection
- Community and Ethics
- + So Much More



Trust yourself.

SOSHA Reiki Level 2



- Practical Applications
- Client Interaction
- Holistic Integration
- Spiritual Growth
- Crisis Management
- Professional Development
- Continued Education and Community Involvement
- + So Much More

- Advanced Reiki Techniques
- Distance Healing
- Reiki Symbols
- Symbol Activation
- Enhanced Energy Sensitivity
- Ethical Complexities
- Mental and Emotional Healing



Be brave

SOSHA Reiki Master Level

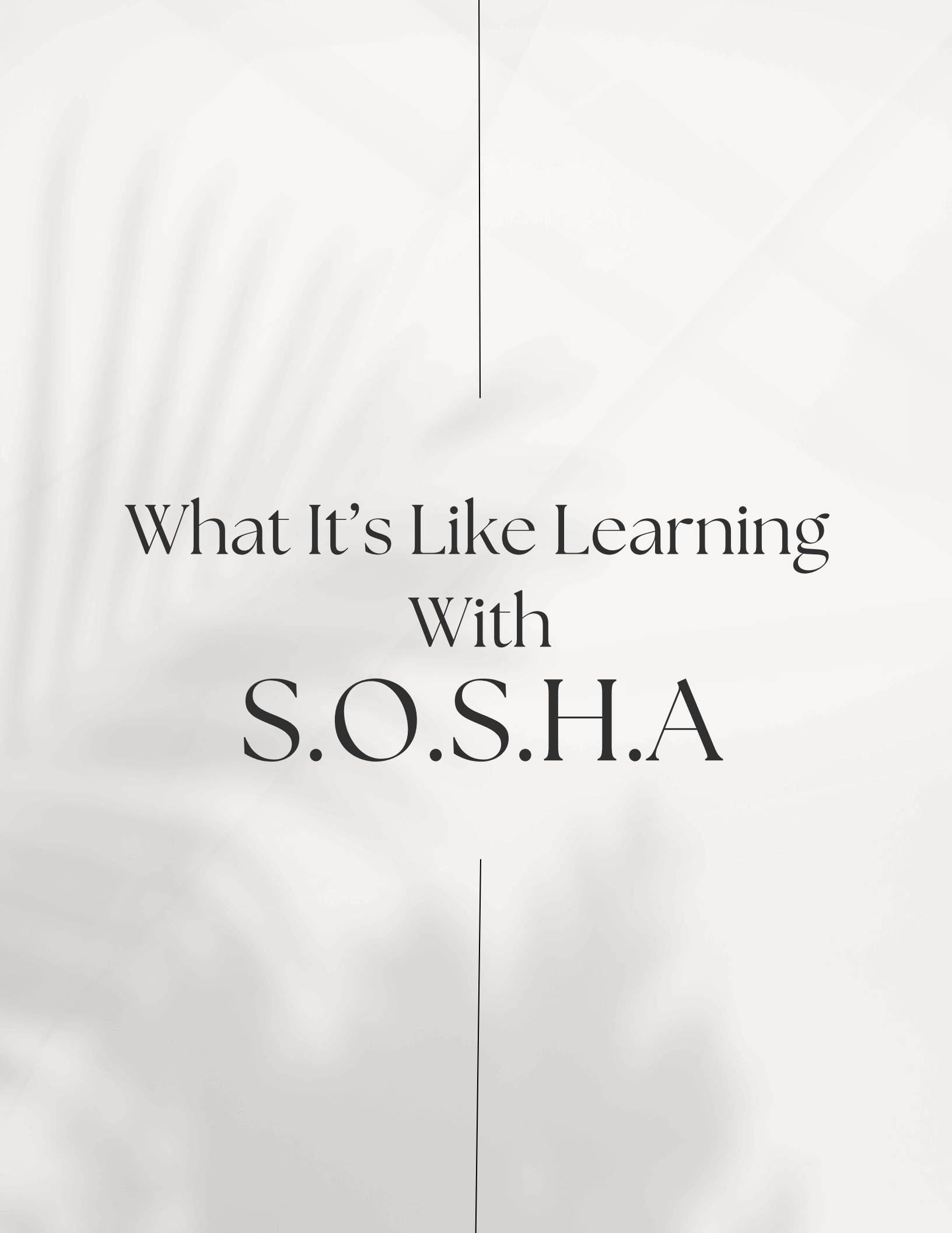


- Master Symbols
- Attunement Process
- Teaching Techniques
- Advanced Energy Work
- Spiritual Leadership
- Ethics of Teaching
- Deepening Personal Practice

- Community Building
- Advanced Healing Techniques
- Professional Practice Development
- Crisis and Trauma Healing
- Research and Evidence-Based Practice
- Adapting Teaching Methods
- Sustainability in Practice
- + So Much More



Be confident

The background of the slide features a faint, grayscale image of several hands reaching up to hold a globe. The hands are positioned around the globe, with fingers spread, suggesting a collective effort or support. The globe is centered in the upper half of the image. The overall tone is light and professional.

What It's Like Learning
With
S.O.S.H.A

Client Testimonial



“You guys have done amazing! I loved how you organised the whole retreat. The way you set the days up, the structure and order you did everything with just enough down time for breaks. I've actually come away feeling pretty confident going forward to do it with clients almost straight away! Thank you!!”

Trish Strike
SOSHA Level 1
Breathwork



Client Testimonial

“I’ve had such an amazing week at the SOSHA breathwork certification retreat! Learning and crafting this beautiful skill of deep breathwork, and being guided by some really great leaders in Dane and Libby. It's been phenomenal, I can't even put words on it!”



Darran Ingram

SOSHA Level 1 Breathwork
Facilitator



Client Testimonial

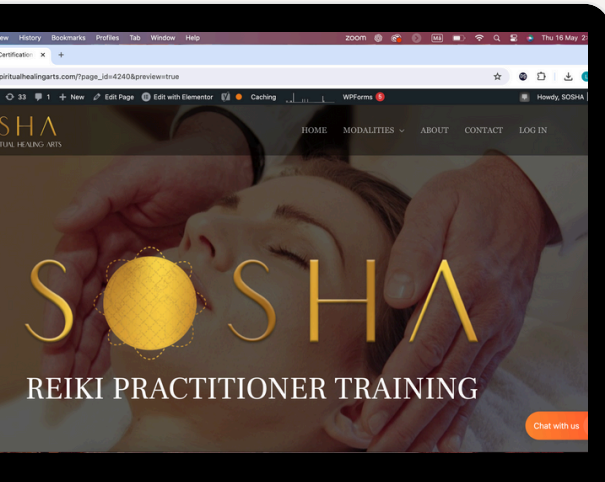


“As a person who was naturally quite nervous coming into this space, and naturally being quite a homebody – when I came in I felt so supported, it was such a safe environment – and I was just so guided through the whole experience!
I couldn’t recommend it more!”

Kendall Melville
SOSHA Level 1
Breathwork



Ring Ring Your Next Level is calling!



The SOSHA Reiki Certification is a bonafide way for you to become a top-tier healer in the world, with one of the leading Healing Modalities. So join us in our next intake, and ENROL NOW!

[ENROLL NOW](#)

“I found this incredible Retreat by SOSHA to be a powerful journey for myself – to release, to let go and to elevate those parts of myself which were really being called forward. It’s been absolutely MAGIC!”

Adam Robertson

SOSHA Level 1 Breathwork



Today is the beginning of your Healing Excellence journey!

Your Next Steps

- 1) Click the link on the website and join us in the next intake of the SOSHA Reiki Certification
- 2) Receive your login & registration details via EMAIL and await start date
- 3) Register for another Healing Modality with SOSHA and amplify your healing experience

If you have any questions about the program - or how you can access more information, contact us below!



Contact:

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